

## Training Resources



Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) Web  
Medical University of South Carolina  
National Crime Victims Research & Treatment Center  
MSC 861, Ste 207, 2<sup>nd</sup> floor Institute of Psychiatry  
67 President Street  
Charleston, SC 29425 (29403 for express mail)  
Phone: (843) 792-8151  
Website: <http://tfcbt.musc.edu/>  
Email: [tfcbt@musc.edu](mailto:tfcbt@musc.edu)

TF-CBT Web is a web-based course for Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). The free course is the first step in training for clinicians and those successfully completing the training can earn 10 CEUs (Continuing Education Credit). Credits are awarded on a module-by-module basis; however, all modules must be completed in order to receive credit.

Children's Hospital of The King's Daughters  
Child Abuse Program  
601 Children's Lane  
Norfolk, VA 23507  
Website: <http://www.chkd.org/services/childabuse>  
Contact: Carole Campbell Swiecicki, Ph.D.  
Phone: (757) 668-6100  
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The Child Abuse Program at Children's Hospital of The King's Daughters brings multidisciplinary professionals together to coordinate investigations and interventions for each child abuse case, with the goal of reducing trauma and time in the legal system. The program provides a supportive, child-friendly environment in order to minimize further stress for child victims. Their mission is to identify and provide services for child victims of abuse and neglect in a safe, supportive environment while reducing secondary trauma. All services are based on the highest professional standards and evidence-based practices shown to reduce the impact of trauma and generate positive outcomes. The CHKD's program has also added a trained service dog who can accompany children during interviews, medical exams, and therapy appointments to lessen a child's anxiety level. Dr. Swiecicki is a supervisor for TF-CBT and she is the coordinator for an initiative to improve access to evidence-based treatment for child victims of maltreatment in Virginia. She is available to discuss agency training needs.

Indian Country Child Trauma Center (ICCTC)  
University of Oklahoma Health Sciences Center  
940 N.E. 13<sup>th</sup> Street, #4900  
Oklahoma City, OK 73140  
Phone: (405) 271-8858  
Fax: (405) 271-2931  
Website: <http://www.icctc.org/>  
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The Indian Country Child Trauma Center (ICCTC) was founded in order to develop trauma-related treatment protocols, and outreach materials specifically for American Indian and Alaska Native (AI/AN) children and their families with a history of trauma exposure. The center offers resources in their trauma-related treatment models. As a part of the Project Making Medicine training program within ICCTC, training is offered on the Honoring Children Series, including the cultural enhancement of Trauma Focused Cognitive Behavior Therapy (Honoring Children Mending the Circle). The cultural adaptation of EBT incorporates American Indian and Alaska Native cultural perspectives and traditional understandings.

PCIT International  
P.O. Box 357363  
Gainesville, Florida 32635  
Email: [pcit.international@gmail.com](mailto:pcit.international@gmail.com)  
Website: <http://www.pcit.org/certified-trainers/>



PCIT International promotes fidelity in the practice of Parent-Child Interaction Therapy through well-conducted research, training, and continuing education of therapists and trainers. The organization's goals include: fostering the growth and expertise of the network of local, regional, national, and international PCIT therapists; highlighting the research activities and clinical innovations developed by the PCIT community; empowering parents to make changes that will lead to a nurturing and secure relationship with their children; and improving the lives of children and families worldwide through evidence-based assessment and treatment. PCIT International has certified Master Trainers that provide expert training and consultation in the official empirically supported version of PCIT for the treatment of parents and young children with disruptive behavior disorders and for parents at-risk for or requiring rehabilitation of physically abusive parenting and their child. A list of training workshops is provided on the website for individuals to enroll in or for scheduling on-site training for therapists at any agency or practice.

Children with Sexual Behavior Problems Cognitive-Behavioral Treatment Program:  
School-Age Group

Website: <http://www.cebc4cw.org/program/children-with-sexual-behavior-problems-cognitive-behavioral-treatment-program-school-age-group/>

Contact: Jane F. Silovsky, Ph.D.

Phone: (405) 271-8858

Email: [jane-silovsky@ouhsc.edu](mailto:jane-silovsky@ouhsc.edu)

Website: <http://www.oumedicine.com/csrbp>



The Children with Sexual Behavior Problems Cognitive-Behavioral Treatment Program: School Age Group is a family-oriented, cognitive-behavioral, psychoeducational, and supportive treatment group designed to reduce or eliminate incidents of sexual behavior problems. The program is for boys and girls ages 6 to 12 who have sexual behavior problems and their caregivers. It is an outpatient group treatment program, however it can be provided to individual families when group is not an option. The treatment is provided as an open-ended group, where children are able to graduate in four or five months. Children in the program acknowledge their previous breaking of sexual behavior rules; learn coping and self-control strategies; and develop a plan of how they're going to keep these rules in the future. Caregivers are advised on how to supervise children; implement rules in the home; communicate about sex education; and reduce behavior problems. In addition to the school-age program, an SBP-CBT program developed for preschool age children is also available. Training is available from the University of Oklahoma team, Jane F. Silovsky, Ph.D.

University of Minnesota

School of Social Work

Gamble-Skogmo Chair

1404 Gortner Avenue

St. Paul, MN 55108

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Website: [http://www.cehd.umn.edu/ssw/G-S/EBP-CC\\_Modules/index.html](http://www.cehd.umn.edu/ssw/G-S/EBP-CC_Modules/index.html)



The University of Minnesota, School of Social Work's Gamble-Skogmo Chair developed an online learning workshop on Evidence-Based Practice in Child Welfare in the Context of Cultural Competence. The workshop is comprised of six self-study modules which all include reading material, resources, and interactive activities. The modules were created in order to enhance understanding and thinking on issues related to cultural competence, child welfare, and evidence-based practice that are useful for workers, supervisors, administrators, and students.

New Jersey CARES Institute  
University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine  
42 East Laurel Road, Suites 1100/1200  
Stratford, NJ 08084  
Phone: (856) 566-7036  
Website: <http://www.caresinstitute.net>  
Contact: Esther Deblinger  
Email: [deblines@umdnj.edu](mailto:deblines@umdnj.edu)



The New Jersey CARES Institute provides help, compassion, and hope for children who have experienced abuse. The institute developed an array of medical and mental health services to meet the diagnostic and therapeutic needs of children through a plan for the specific circumstances of each child and family. An inter-disciplinary approach uses evidence-based mental health and medical services to support the overall health and well-being of children and families. Training is also provided for medical, mental health, child protection, and law enforcement professionals.

The Institute developed an implementation guide for Combined Parent-Child Cognitive Behavioral Therapy (CPC-CBT). The CPC-CBT manual is for clinicians, clinical supervisors, administrators, and other consumers who are considering the implementation of CPC-CBT in their agencies with families at-risk for child physical abuse (CPA). It is the goal of the CARES Institute that the manual will assist interested parties in obtaining an understanding of what is necessary to effectively implement CPC-CBT in their organizations. The manual can help agencies make an informed decision about choosing to implement CPC-CBT. CPC-CBT training and consultation is offered across the United States.

Project BEST

National Crime Victims Research and Treatment Center

Department of Psychiatry and Behavioral Sciences

Medical University of South Carolina

67 President Street, 2 South MSC 861

Charleston, SC 29425

Phone: (843) 792-2945

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Project BEST is a state-wide collaborative effort to use community-based distribution, training, and implementation methods in order to increase the delivery of evidence-supported mental health treatments (ESTs) to every community in South Carolina. The project wants to make certain that the ESTs are available in South Carolina to every abused and/or traumatized child who needs them. Project BEST involves teaching clinicians the skills to offer ESTs and enabling brokers of mental health services to identify and refer appropriate children for treatment, incorporate ESTs into their treatment planning, and monitor treatment progress. Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the initial treatment the project is implementing.



Childhood Violent Trauma Center, at the Yale Child Study Center, Yale University

Carrie Epstein, Director of Training

Email: Epstein.carrie@gmail.com

The Yale Child Study Center's Childhood Violent Trauma Center (CVTC) offers a range of treatments and interventions for children and adolescents who have experienced trauma and abuse and who are struggling with traumatic stress reactions and disorders. Treatments provided through the Center include Trauma-Focused CBT, Child-Parent Psychotherapy, psychodynamic psychotherapy, and family therapies. A unique aspect of the clinic program is the focus on providing intervention early after a potentially traumatic event in an effort to prevent negative long term psychological reactions. The Center has developed the Child and Family Traumatic Stress Intervention model (CFTSI), the only evidence-based brief acute/early intervention for children 7-18 who have experienced potentially traumatic events including sexual and physical abuse; domestic violence; community violence, and injuries and accidents, and have endorsed symptoms of acute stress. CFTSI can be used successfully with children with extensive trauma histories and is meant to be implemented immediately following a potentially traumatic event or the disclosure of physical or sexual abuse. CFTSI goals are to: improve screening and identification of children impacted by traumatic stress; reduce post-traumatic stress symptoms; enhance emotional support through increased caregiver-child communication; teach/practice coping skills to reduce trauma reactions; identify and address concrete external stressors (such as safety, legal issues, medical care); and assess child's need for longer-term treatment.

The Childhood Violent Trauma Center is a member of SAMHSA's National Child Traumatic Stress Network, a federally funded network of research and treatment centers that focus on developing, testing and disseminating state-of-the-art interventions for children and families affected by psychological trauma. The Childhood Violent Trauma Center has certified Master Trainers that are available to provide expert training and consultation in both Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and the Child and Family Traumatic Stress Intervention (CFTSI).

Basic training in the CFTSI model is a two-day training and costs \$3,000 per day (a total of \$6,000), plus travel expenses. This training is followed by telephone consultation to support implementation of the model. The consultation calls are one hour, completed twice a month for six months, and cost \$200 per call.

The North Carolina Practice Improvement Collaborative  
Email: [anthony.mcleod@governorsinstitute.org](mailto:anthony.mcleod@governorsinstitute.org)  
Website: <http://www.ncpic.net/>

**NORTH CAROLINA  
PRACTICE IMPROVEMENT COLLABORATIVE**

The North Carolina Practice Improvement Collaborative's (NCPIC) mission is to ensure that each time any North Carolinian comes into contact with the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services System (MH/DD/SAS) that client will receive excellent care. This care is to be given to children or adults; members of a majority or minority; and individuals from urban, suburban, or rural areas. Scientific understanding of what is effective is also considered when providing care to individuals. The website is divided into mental health, substance abuse, and developmental disability bulletins and committees. Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is included in issues dealing with mental health.

#### PARTNERS

Center for Psychological Services  
Seton Complex  
St. John's University  
152-11 Union Turnpike  
Flushing, NY 11367  
Phone: (718) 990-2367  
Fax: (718) 990-8228  
Email: [partners@stjohns.edu](mailto:partners@stjohns.edu)



PARTNERS is a unique multi-disciplinary clinical-research program based in the Department of Psychology at St. John's University. The program offers free, state-of-the-art mental health services to undeserved children and families in the surrounding multicultural communities. The program creatively and sensitively integrates scientific findings and real world practice in order to fulfill their mission of bringing relief to children, families, and communities who have been through emotional stress and trauma.

Child-Parent Psychotherapy Training  
Child Trauma Research Program (CTRP)  
San Francisco General Hospital  
1001 Potrero Avenue, Suite 2100  
San Francisco, California 94110  
Chandra Ghosh Ippen, Ph.D.  
Phone: (415) 206-5312  
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CHILD TRAUMA  
RESEARCH PROGRAM



The Child Trauma Research Program offers a number of different models for training in Child-Parent Psychotherapy (CPP). All training models generally involve training agencies or agency teams. Different models include clinical internships at the Child Trauma Research Program; CPP learning communities; CPP training for individual agencies; and the National Child Traumatic Stress Network Learning Collaboratives. Training in CPP typically includes: demonstration that the agency is ready to learn and implement the practice; agency staff read the manuals prior to participation; and agency staff participate in a one and a half year training process. Costs for training vary depending on the training model and trainer. Daily rates vary from \$2000-\$3500 per day depending on trainer experience and time to travel to the training site.