

Where to Find Information About Evidence-based Treatments

National Center for Trauma-Informed Care
66 Canal Center Plaza
Suite 302
Alexandria, VA 22314
Phone: 866-254-4819
Fax: 703-548-9517
Email: NCTIC@NASMHPD.org
Website: <http://www.samhsa.gov/nctic/>



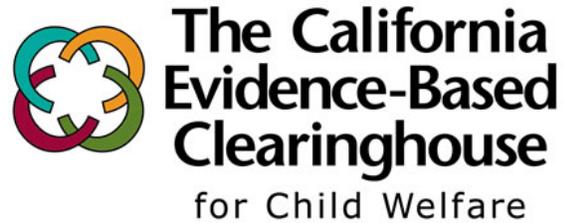
The Substance Abuse and Mental Health Services Administration's (SAMHSA) National Center for Trauma-Informed Care (NCTIC) is dedicated to building awareness of trauma-informed care and promoting implementing trauma-informed practices. The NCTIC offers consultation and technical assistance; education and outreach; and a variety of other resources regarding trauma-informed practices.

SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)
Phone: (866) 436-7377
Email: nrepp@samhsa.hhs.gov
Website: <http://www.nrepp.samhsa.gov>



The National Registry of Evidence-based Programs and Practices (NREPP) is a searchable online registry of mental health and substance abuse interventions that have been reviewed and rated by individual reviewers. The purpose is to assist the public in identifying scientifically-based approaches to preventing and treating mental and substance use disorders that can be distributed to the field. The registry is continuing to grow as new intervention summaries are continually being added. Each summary contains general information about an intervention; a description of the research outcomes; a list of studies and materials reviewed; quality of research and readiness for distribution ratings; and contact information. The registry does not provide a rating of the intervention's effectiveness.

The California Evidence-Based Clearinghouse for Child Welfare (CEBC)
Chadwick Center for Children and Families
Rady Children's Hospital - San Diego
3020 Children's Way, MC 5131
San Diego, CA 92123
Phone: (858) 576-1700 x3213
Email: cebc@rchsd.org
Website: <http://www.cebc4cw.org/>



The California Evidence-Based Clearinghouse for Child Welfare (CEBC) provides information and resources for child welfare professionals. Their primary task is to inform the child welfare community about research evidence for programs being used or marketed in California. However, the CEBC also lists programs that may be less well-known in California, but were recommended by the expert for a specific topic area. The CEBC provides guidance on evidence-based practices to statewide agencies, counties, public and private organizations, and individuals.

There are two different rating scales that the CEBC uses on their website. The Scientific Rating Scale is a 1 to 5 rating of the strength of research evidence supporting a practice or program. A rating of 1 represents a program with the strongest research evidence, while a 5 is a concerning program that appears to pose substantial risk to children and families. If programs do not have strong enough research to be rated on the scale, they are classified as Not able to be Rated (NR). The Screening and Assessment Tools Rating Scale is a three-level rating on the level of psychometrics of a tool used for screening or assessment found in published, peer-reviewed journals. The A, B, and C levels are based on whether reliability and validity, reliability or validity, or no reliability or validity has been established.

National Child Traumatic Stress Network (NCTSN)
Website: <http://www.nctsn.net/>
National Center for Child Traumatic Stress (NCCTS)
NCCTS — University of California, Los Angeles
11150 W. Olympic Blvd., Suite 650
Los Angeles, CA 90064
Phone: (310) 235-2633
Fax: (310) 235-2612
Robert S. Pynoos, Co-Director
Email: rpynoos@mednet.ucla.edu



NCCTS — Duke University
411 West Chapel Hill Street, Suite 200
Durham, NC 27701
Phone: (919) 682-1552
Fax: (919) 613-9898
John Fairbank, Co-Director
Email: john.fairbank@duke.edu

Program Office of the National Child Traumatic Stress Initiative
Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
Department of Health and Human Services
5600 Fishers Lane
Parklawn Building, Room 17C-26
Rockville, MD 20857

The National Child Traumatic Stress Network (NCTSN) works to raise the standard of care and increase the access to services for traumatized children, their parents, and communities throughout the country. In order to achieve this goal, the NCTSN is raising public awareness about the impacts of traumatic stress on children; creating trauma-informed developmentally and culturally appropriate programs; working with established systems of care to ensure accessible care; and fostering a community dedicated to working together and sharing knowledge about child traumatic stress. There are a number of resources provided on the website including: training and education resources; public awareness; funding opportunities; and policy issues. The website also provides resources for online research related to NCTSN, resources regarding different topics related to child traumatic stress, and resources for specific audiences. These audiences include: parents, caregivers, school personnel, and professionals. The NCTSN provides resources to guide individuals choosing interventions for abused and neglected children and children who experience other traumatic stress.

Promising Practices Network on Children, Families, and Communities
RAND Corporation
1776 Main Street
Santa Monica, CA 90401
Phone: (310) 393-0411 ext. 7172
Fax: (310) 260-8161
Email: promisingpractices@rand.org
Website: <http://www.promisingpractices.net>



The Promising Practices Network (PPN) is a group of individuals and organizations that work together to publish accessible, high-quality evidence-based information about what works to improve the lives of children, families, and communities. The network helps decision makers at all levels understand what approaches and programs have been shown in scientific literature to improve outcomes for children and families in various areas related to child and family well-being. Summaries of effective programs are included on the website based on three evidence level categories: proven, promising, and other reviewed programs. Additional resources such as databases and implementation tools are linked to the site.

Office of Juvenile Justice and Delinquency Prevention's (OJJDP) Model Programs Guide (MPG)
Website: <http://www.ojjdp.gov/mpg/>
Office of Juvenile Justice and Delinquency Prevention
810 Seventh Street NW
Washington, DC 20531
Phone: (202) 307-5911
Willie Bronson
Deputy Administrator for Child Protection Division
Phone: (202) 305-2427
Email: willie.bronson@usdoj.gov



The Office of Juvenile Justice and Delinquency Prevention's (OJJDP) Model Programs Guide (MPG) is designed to assist practitioners and communities in implementing evidence-based prevention and intervention programs that can make a difference in the lives of children and communities. The database includes over 200 evidence-based programs that cover the entire continuum of youth services. The guide can be used to assist juvenile justice practitioners, administrators, and researchers to enhance accountability and ensure public safety. A wide variety of issues are on the database including: substance abuse; education programs; and mental health.

Center for the Study and Prevention of Violence
Institute of Behavioral Science
University of Colorado Boulder
1440 15th Street
Boulder, CO 80302
Phone: (303) 492-1032
Fax: (303) 492-2151
Website: <http://www.colorado.edu/cspv>
Email: cspv@colorado.edu



The Center for the Study and Prevention of Violence (CSPV) is a research program of the Institute of Behavioral Science (IBS) at the University of Colorado at Boulder. The CSPV was founded to provide informed assistance to groups committed to understanding and preventing violence, more specifically adolescent violence. The center works from a multi-disciplinary approach on violence and connecting the research community, practitioners, and policy makers in an effort to establish more information to impact violence-related policies, programs, and practices. The three initiatives they are currently working on include: Blueprints for Violence Prevention, Safe Communities Safe Schools, and Academic Center of Excellence.

Strengthening America's Families
Phone: (801) 581-8498
Website: <http://www.strengtheningfamilies.org>



Office of Juvenile Justice and Delinquency Prevention
810 Seventh Street NW.
Washington, DC 20531

Willie Bronson
Deputy Administrator for Child Protection Division
Phone: (202) 305-2427
Email: willie.bronson@usdoj.gov

Strengthening America's Families is a project developed by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) and the Substance Abuse and Mental Health Service's Center for Substance Abuse Prevention (CSAP). The project is the results of a 1999 search for the "best practice" family strengthening programs. There are a variety of family-focused programs listed, which are divided into categories based upon the degree, quality, and outcomes of research associated with them. Literature reviews, a list of helpful links to individual program websites, and additional information is also provided.

Center for Learning Excellence
The Ohio State University
College of Education and Human Ecology
807 Kinnear Road
Columbus, OH 43212
Phone: (614) 247-6350
Fax: (614) 247-6447
Website: <http://cle.osu.edu/evidence-based-programs/>



David Julian, Ph.D.
Director, Community Planning & Evaluation
Email: julian.3@osu.edu

The Ohio State University Center for Learning Excellence provides a database of evidence-based programs. The website allows you to view all evidence-based programs in the database or you can view fewer programs based on certain criteria. There are a number of boxes that can be checked to decrease the number of programs that will be listed following a search. The following are ways to limit the amount of search options: particular neighborhoods; age groups; gender; grade in school; ethnicity or race; target population; and targeted impact.

International Society for Traumatic Stress Studies (ISTSS)
111 Deer Lake Road, Suite 100
Deerfield, IL 60015
Phone: (847) 480-9028
Fax: (847) 480-9282
Website: <http://www.istss.org>



Eve Carlson, President
Email: eve.at.istss@gmail.com

The International Society for Traumatic Stress Studies was created for professionals to share information about the effects of trauma. The society is dedicated to discovering and spreading knowledge about policy, program, and service initiatives that seek to reduce traumatic stressors and their immediate and long-term consequences. The website provides a forum for members to share research, clinical strategies, public policy concerns and theoretical formulations on trauma around the world. Members include any individuals with an interest in the study and treatment of traumatic stress. They have developed treatment guidelines, self-care for providers, and other projects aimed at treating trauma.

National Association of Cognitive-Behavioral Therapists (NACBT)
P.O. Box 2195
Weirton, WV 26062
Phone: (800) 853-1135
Phone for those outside USA: (304) 723-3982
Website: <http://nacbt.org>



Dr. Aldo R. Pucci, President
Email: president@nacbt.org

The National Association of Cognitive-Behavioral Therapists (NACBT) is dedicated to supporting, promoting, teaching, and developing cognitive-behavioral therapy and those who practice it. They work to provide research to prove that cognitive-behavioral therapy is effective in helping people make behavioral and emotional changes. The NACBT provides cognitive-behavioral therapy training opportunities, conferences, and opportunities for individuals to find a therapist. They also give information about certifications, membership benefits, and other information related to cognitive-behavioral therapy.

The Cochrane Collaboration
United States Cochrane Center
615 N. Wolfe Street
Baltimore, Maryland 21205
Phone: (410) 502-7205
Email: uscc@jhsph.edu
Websites:



The Cochrane Collaboration: <http://www.cochrane.org>
US Cochrane Center: <http://us.cochrane.org>
The Cochrane Library: <http://www.thecochranelibrary.com>
Plain Language Summaries: <http://summaries.cochrane.org>
Free, online course, Understanding Evidence-based Healthcare:
<http://us.cochrane.org/understanding-evidence-based-healthcare-foundation-action>

The Cochrane Collaboration is an international, non-profit organization of over 28,000 contributors from more than 100 countries. The independent collaboration is dedicated to making up-to-date, accurate information about the effects of health care readily available worldwide. Contributors work together to produce what are known as Cochrane Reviews of healthcare interventions. These reviews are intended to help providers, practitioners, and patients make informed decisions about health care and can be accessed through The Cochrane Library. The US Cochrane Center is one of 14 Cochrane Centers worldwide.

The Campbell Collaboration
P.O. Box 7004
St. Olavs plass
N-0130 Oslo, Norway
Phone: (+47) 23 25 50 00
Fax: (+47) 23 25 50 10
Email: info@c2admin.org
Website: <http://www.campbellcollaboration.org>



The Campbell Collaboration (C2) is an international research network that produces systematic reviews of the effects of social interventions. The corporation is based on voluntary cooperation among researchers, and their strategic and policy making body is the Steering Group. By preparing, maintaining, and disseminating these systematic reviews in education, crime and justice, and social welfare they strive to help individuals make well-informed decisions.

The Chadwick Center for Children and Families
3020 Children's Way, MC 5016
San Diego, CA 92123
Phone: (858) 966-5814
Fax: (858) 966-8535
Email: ChadwickCenter@rchsd.org
Website: <http://www.chadwickcenter.org>

**Chadwick Center
for Children & Families**

The Chadwick Center was created to coordinate a community response to child abuse and neglect. The center has developed a variety of programs over the years through its funding; however, Evaluation, Treatment, Intervention, and Education remain the core programs. They provide a continuum of services with an integrated, multidisciplinary approach to healing intervention and family support. The center leads and participates in several evidence-based initiatives including: the California Evidence-Based Clearinghouse for Child Welfare (CEBC); the Child Abuse Mandated Reporter Training Project; the Safe Kids California Project (SKCP); and the Chadwick Trauma-Informed Systems Project (CTISP). Their site contains resources and links for people wanting more information about evidence-based treatments.

The Community Guide
2500 Century Center Parkway
5th Floor/Room 5115
Atlanta, GA 30345
Phone: (404) 498-6375
Email: communityguide@cdc.gov
Website: <http://www.thecommunityguide.org>



The Guide to Community Preventive Services is a free resource to help individuals choose programs and policies to improve health and prevent disease and injury in their community. The evidence-based recommendations of the Community Preventive Services Task Force are developed using a scientific systematic review process and answer questions critical to almost everyone interested in community health and well-being. The hope is that use of The Community Guide will result in implementation of more interventions that have been shown to work, and fewer interventions that have not. Topics of interest include tobacco use, physical activity, mental health, alcohol, adolescent health, cancer, violence, and many other health and prevention topics.

The Coalition for Evidence-Based Policy
1725 I Street, NW
Suite 300
Washington, DC 20006
Phone: 202-349-1130
Fax: 202-349-3915
Website: <http://coalition4evidence.org/wordpress/>



Jon Baron, President
Email: jbaron@coalition4evidence.org

The Coalition for Evidence-Based Policy is a non-profit, nonpartisan organization that strives to increase government effectiveness through the use of rigorous evidence. Through their studies, they have been able to identify a few highly-effective social interventions. The Coalition works with Congressional and Executive Branch officials to help advance important evidence-based reforms. The main goal is to incorporate increased funding for evaluations, and strong incentives and assistance for program grantees to adopt interventions.

Society for Prevention Research (SPR)
11240 Waples Mill Road, Suite 200
Fairfax, VA 22030
Phone: (703) 934-4850
Fax: (703) 359-7562
Website: <http://www.preventionresearch.org/>
Jennifer Lewis, Executive Director
Email: jenniferlewis@preventionresearch.org



The Society for Prevention Research (SPR) is committed to advancing scientific investigation on the etiology and prevention of social, physical, and mental health and academic problems and using that information to promote health and well-being. The research presented at the organization's annual conference and published in its bi-monthly journal *Prevention Science* build the field of prevention science at large. The organization also has published a variety of documents focused on important topics in the field.

Trauma Institute/Child Trauma Institute, Inc.
P.O. Box 544
Greenfield, MA 01302-0544
Phone: (413) 774-2340
Email: cti@childtrauma.com
Website: <http://www.childtrauma.com>



The Trauma Institute and Child Trauma Institute, Inc. (TI/CTI) provides training, consultation, information, and resources for individuals who work with trauma-exposed children, adolescents, and adults. Information is also provided for adults and parents regarding trauma, loss, and treatment. The mission of TI/CTI is to promote the healing and healthy development of children, adolescents, and adults who have experienced trauma or loss; in order to develop, evaluate, and distribute effective prevention, assessment, and treatment methods.

Their training programs include trauma-informed treatment approaches. Some of these are evidence-based treatments while others are not.

Center for Effective Collaboration and Practice
Email: center@air.org
Website: <http://cecp.air.org/>



The Center for Effective Collaboration and Practice (CECP) supports and promotes the development and adjustment of children with or at risk of developing serious emotional disturbance. CECP is dedicated to a policy of collaboration at Federal, state, and local levels that contributes to and facilitates the production, exchange, and use of knowledge about effective practices. The center has produced one-to two-page information briefs, written specifically for family members, on research-based intervention practices and programs. The goal is to translate research on effective intervention practices and programs into a format that is accessible, understandable, and useful for family members and practitioners.

National Center for Posttraumatic Stress Disorder
VA Medical Center (116D)
215 North Main St
White River Junction, Vermont 05009
Phone: Executive office (802) 296-5132
PTSD Information Line (802) 296-6300
Fax: (802) 296-5135
Email: ncptsd@va.gov



The mission of the National Center for Posttraumatic Stress Disorder (PTSD) is to advance the clinical care and social welfare of America's Veterans through research, education, and training in the science, diagnosis, and treatment of PTSD and stress-related disorders. The website provides information regarding treatment of PTSD, how it is measured, and other useful materials that are useful for individuals, clinicians, or family members with PTSD.

What Works Clearinghouse (WWC)
Institute of Education Sciences
555 New Jersey Avenue, NW
Washington, DC 20208
Phone: (866) 503-6114
Email (through website): <http://ies.ed.gov/ncee/wwc/ContactUs.aspx>
Website: <http://ies.ed.gov/ncee/wwc/>



The What Works Clearinghouse (WWC) is an initiative of the U.S. Department of Education's Institute of Education Sciences (IES). The clearinghouse was created to be a central and trusted source of scientific evidence for what works in education. Their "Find What Works" tool delivers information from the number of reviews on studies of education programs, products, practices,

and policies through a searchable database. The website also pulls findings from multiple reports and provides publications they have written in their reviews.