Prevention Resources for Shaken Baby Syndrome

National Center on Shaken Baby Syndrome  
1433 North 1075 West, Suite 110  
Farmington, UT 84025  

Phone: (801) 447-9360  
Fax: (801) 447-9364  
Email: mail@dontshake.org  

For more information, visit:  
http://www.dontshine.org/  

The National Center on Shaken Baby Syndrome is a nonprofit organization dedicated  
to preventing abuse and death due to Shaken Baby Syndrome. Their website provides  
information about the center, specifically the various programs the organization offers and  
articles published by the organization. The site also supplies information about the signs,  
symptoms, and effects of Shaken Baby Syndrome as well as the latest news reports.

The Shaken Baby Alliance  
8551 Boat Club Rd, # 117  
Fort Worth, Texas 76179  

Phone: 1-877-636-3727  
Email: info@shakenbaby.com  

For more information, visit:  
http://www.shakenbaby.com/  

The Shaken Baby Alliance seeks to support and educate families about the dangers of  
Shaken Baby Syndrome. The alliance provides families with information and helpful services  
and provides professionals with training and consultation programs to further aid in the  
prevention of this abuse.
Safe to Sleep
P.O. Box 3006
Rockville, MD 20847

Phone: 1-800-505-CRIB (1-800-505-2742)
Fax: 1-866-760-5947
Email: NICHDInformationResourceCenter@mail.nih.gov

For more information, visit:
http://www.nichd.nih.gov/sts/Pages/default.aspx

The Safe to Sleep campaign focuses on actions that parents can take to help their baby sleep safely as well as reduce the child’s risk of sudden infant death syndrome (SIDS). The website offers information on SIDS and how it can be prevented. They also highlight on techniques that can be used to encourage infants to lie on their backs as they sleep. Safe to Sleep sponsors many outreach activities that help to raise awareness of SIDS and how it can be prevented. They have also compiled research on the syndrome and allow users to learn about the science behind SIDS and safe infant sleep.

Shaken Baby Syndrome of Virginia, Inc.,
305 Manteo Avenue
Hampton, VA 23661

Phone: (757) 722-6011
Fax: (757) 722-4294
E-mail: jared@shakenbabyva.com

For more information, visit:
http://www.shakenbabyva.org/

Co-founders Steve Stowe and his wife Kathy created this organization to offer the community education and resources about Shaken Baby Syndrome (SBS). They were inspired by their personal experiences caring for their grandson Jared who was a victim of SBS. Jared suffered severe brain damage on November 20, 2006 at six weeks of age. His father was charged and convicted of child abuse. Jared died on December 11, 2009. He was just three years old. Kathy and Steve Stowe lovingly cared for Jared during his brief life. He required round-the-clock attention for a trachea tube and a feeding tube. Their love for Jared and Jared’s resilience is inspiring. The organization offers trainers who conduct seminars of all sizes. Their website offers many resources for both parents and for professionals.
The Period of PURPLE Crying was developed by the National Center on Shaken Baby Syndrome (NCSBS) as an evidence-based prevention program. The purpose is to educate parents about what is normal crying for infants as well as the dangers of shaking an infant. Their resources include an 11-page booklet and a 10-minute DVD for parents of infants. The resources help parents learn about crying characteristics and how to avoid shaking and abuse.

The Children's Safety Network (CSN) is a national resource center for the prevention of childhood injuries and violence. The network offers expertise on a wide range of injury topics, ranging from State and Territorial Maternal and Child Health (MCH) to Injury and Violence Prevention (IVP) programs. CSN works with state, territorial, and community child violence preventive programs to create an environment where children are safe and healthy. They infuse knowledge, expertise, and leadership with state programs to minimize child abuse. They also provide technical assistance on injury prevention planning and programs that analyze and interpret child injury data. CSN’s main goal is to build partnerships among local, state, and national organizations that help protect children.
Preventing Shaken Baby Syndrome: A Guide for Health Departments and Community-Based Organizations, by the Centers for Disease Control, 27 pages.
Centers for Disease Control and Prevention
1600 Clifton Rd. Atlanta, GA 30333

Phone: (800) 232-4636
Email: cdcinfo@cdc.gov

For more information, visit:
http://www.cdc.gov/

This resource is a guide that health departments and other health-related organizations can use to gain knowledge and information on shaken baby syndrome. The guide offers facts on the syndrome, such as the consequences, the signs, and ways to focus on prevention. The resource also has built a framework for prevention that draws information from existing prevention programs. It then touches on the effect that media can have on spreading knowledge about shaken baby syndrome. Finally, the resource discusses other organizations and their roles as well as potential partners.

Never Shake Your Baby (Brochure)
Virginia Department of Social Services
801 E. Main Street
Richmond, VA 23219-2901

Phone: (804) 726-7000
Email: citizen.services@dss.virginia.gov

For more information, visit:
http://dss.virginia.gov/

This brochure titled Never Shake Your Baby, produced by the Virginia Department of Social Services, gives information and research and practical prevention suggestions. The resource lists what can happen to a shaken baby, such as: cessation of breathing and heartbeat; extreme irritability; seizures; limp arms and legs; decreased level of consciousness. The brochure also provides tips on how to soothe crying infants, such as: checking if they are hungry; walking the baby; or even to step away from the child and take a moment to breath. This brochure can be found in many social services offices and prevention programs. It also provides contact information for shaken baby prevention programs that help parents understand the syndrome and how to avoid it. Information on obtaining the brochure can also be found on the website listed above.
In an effort to prevent and educate the public about the dangers of Shaken Baby Syndrome, the American Humane Association dedicates a portion of their website to reviewing some of the intricacies of Shaken Baby Syndrome, including the physiological processes that occur and their subsequent effects, the causes leading to shaking, and suggestions for calming a distressed infant.

The Fussy Baby Site

Email: Through their website

For more information, visit: http://www.thefussybabyscale.com/

The Fussy Baby Site is a blog which was started in 2007. Their site is dedicated to providing a support network to parents of fussy, high-need babies and children. This site discusses different resources and current events regarding fussy baby topics. The blogger, Holly Klaassen, is a parent of a high-needs child. The Fussy Baby Site also operates on social media platforms such as Facebook.
The Virginia Department of Health has a page dedicated to discussing the dangers of traumatic brain injury. There is a list of resources such as the Heads Up CDC Campaign, the Brain Injury Association of Virginia, family medicine, and pediatric medicine. There is also a list of resources for providers such as training sessions and diagnostic assessments.