Bullying Resources

Kids Against Bullying
Website: http://www.pacerkidsagainstbullying.org/

PACER Center, Inc.
8161 Normandale Blvd.
Bloomington, MN 55437
Phone: (800) 537-2237
Email: Bullying411@PACER.org

Kids Against Bullying was designed by and for children to learn about bullying prevention, engage in activities, and be inspired to take action. The educational resource features a Club Crew, which is comprised of 12 original animated characters that help children in elementary school learn what they can do if they are bullied and how they can help if they see someone else being bullied. There are multiple ways for kids to interact including: videos, games, coloring, posters, and stories. Kids also have the opportunity to take the pledge and sign the petition against bullying.

Special Needs Anti-Bullying Toolkit
Website: http://special.needs.thebullyproject.com/

Partners:
National Center for Learning Disabilities (NCLD)
http://www.ncld.org/

AbilityPath
http://www.abilitypath.org/

PACER’s National Bullying Prevention Center
http://www.pacer.org/bullying

Autism Speaks
http://www.autismspeaks.org/

The Special Needs Anti-Bullying Toolkit is a set of resources for people to confront bullying of children with special needs from all angles. This includes talking to children, knowing rights, and teaching tolerance in schools. There are resources for parents, educators, and students specially designed to deal with bullying and children with special needs. All of the resources are designed to teach individuals what they can do in their communities to change the culture of bullying.
Perfect Targets: Asperger Syndrome and Bullying—Practical Solutions for Surviving the Social World
by Rebekah Heinrichs, 2003, 204 pages, $18.30 (paper)

Available from:
Autism Asperger Publishing Co.
P.O. Box 23173
Shawnee Mission, KS 66283-0173
Website: www.aspberger.net

This helpful book provides guidelines for parents and teachers seeking to assist in reducing vulnerability to bullying for children with ASD. This book offers many solutions and ideas such as: how to increase awareness; bullying prevention techniques; characteristics of children who bully and prevention methods.

Asperger Syndrome and Bullying: Strategies and Solutions
by Nick Dubin, 2007, 173 pages, $16.87 (paper)

Available from:
Jessica Kingsley Publishers
400 Market Street, Suite 400
Philadelphia, PA 19106
Website: www.jkp.com

This book presents a range of effective strategies that children, parents, teachers, and schools can use to help protect children with Asperger Syndrome from the harmful and long-lasting effects of bullying. The author, Nick Dubin, was diagnosed with Aspergers and describes the bullying he encountered throughout his life due to his condition. This book endeavors to show individuals who are being bullied that they are not alone and offers advice for adults to help them interact with their bullied child. Dubin’s multiple definitions of bullying allow the reader to understand the wide range of situations that can result in harm to children. Not only does he discuss how to deal with a child who is being bullied, but he also outlines the major causes of bullying and how to deter a child from bullying. Bullying is a problem throughout the world and its frequency is greatly increased around children who display “different behavior”, otherwise known as Asperger Syndrome. This book can be useful for parents, educators, and service providers.
National Autism Association Safety Initiative: Bullying
Website: http://www.autismsafety.org/bullying.php

The National Autism Association’s safety initiative on bullying provides information regarding the different types and forms of bullying. There is also information on signs that bullying may be taking place and what research has found on bullying. The initiative encourages social and emotional learning (SEL), which has been found to decrease conduct problems and emotional distress that are part of the bullying phenomenon. The website provides information on what works and what doesn’t work in preventing and responding to bullying among those individuals with Autism Spectrum Disorder (ASD), along with “5 things parents can do.” There are additional bullying resources and a brochure easily accessible on the website.

School Community Toolkit
Website: http://www.autismspeaks.org/family-services/tool-kits/school-community-tool-kit

The Autism Speaks School Community Tool Kit assists members of the school community in understanding and supporting students with autism. The purpose of the kit is to provide helpful information about students with autism, along with tools and strategies to achieve positive interactions and increase learning. Included in the tool kit is an introduction to autism and specific strategies for supporting students. There is also information regarding educating students with Autism, supporting learning in students with autism, and how to use the tool kit. A list of various web, print, and video resources are provided for all members of the school community.