The Cultural Values Conflict Scale (CVCS) for South Asian Women

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This assessment was designed to measure the degree to which South Asian women experience “cultural conflict,” that is the degree to which they experience psychological conflicts when negotiating White American and South Asian cultural values. The assessment contains 40 items rated on a 6-point Likert-type scale; divided into 4 subscales with 10 items each. The four subscales are titled: Dating/Premarital Relations; Marriage; Family Relations: and Sex Role Expectations. Internal consistency, test-retest reliability, discriminate validity, and convergent validity were all shown to be adequate for this measure. The CVCS is a tool which can help practitioners to become more culturally competent through increased awareness about South Asian women and the degree to which they identify with their heritage.