Resources

TREATMENT RESOURCES

Treating Survivors of Childhood Abuse: Psychotherapy for the Interrupted Life, by Marlene Cloitre, Ph.D., Lisa R. Cohen, Ph.D. & Karestan C. Koenen, 2006, 338 pages, $46.95

Available from: The Guildford Press, 72 Spring Street, New York, NY 10012

Web site: www.guilford.com

This book provides a treatment program that takes into account the long trajectory of disadvantages experienced by many abuse survivors. The concept of “interrupted life” which guides the treatment refers to the disruption to self-regulation and interpersonal capacities. The first module of the treatment, Skills Training for Affective and Interpersonal Regulation was explicitly developed to generate and strengthen social and emotional resources for effective living. Narrative Story Telling provides structure and strategy for managing and organizing traumatic material. The intervention techniques are a blend of principles from the cognitive-behavioral and the attachment-interpersonal-object relational traditions.

Cognitive-Behavioral Treatment for Adult Survivors of Childhood Trauma, by Mervin R. Smucker & Constance V. Dancu, 2005, 256 pages, $61.00

This book endeavors to present a treatment method that is active, compassionate, sensible, and empowering for adult survivors of child sexual abuse. One goal of the treatment is to help clients develop “mastery imagery” that will allow the client to develop an image where the abuse is “re-scripted” so the client feels more in control. The treatment program addresses the chronic posttraumatic stress disorder symptoms experienced by many adult survivors of childhood trauma. Case studies offer concrete examples of how the therapist can adapt the techniques to particular situations.

**Trauma and Sexuality: The Effects of Childhood Sexual, Physical, and Emotional Abuse on Sexual Identity and Behavior**, by James A. Chu, MD & Elizabeth S. Bowman, MD (Eds.), 2002, 150 pages, $52.95

Trauma may be an important contributing factor in the formation of gendered states and sexual behavior, according to authors publishing in this volume. Authors discuss the need to address sexuality as part of treatment. Topics such as sexual addiction/compulsivity, problematic sexual behavior, dissociation, sexual risk behaviors are examined.

**Handbook of Resilience in Children**, edited by Sam Goldstein, Ph.D. & Robert B. Brooks, Ph.D., 2005, 416 pages, $49.95
Available from: Kluwer Academic/Plenum Publishers, 233 Spring Street,
The study of resiliency has expanded over the past 20 years. This strength-based approach examines the ability to cope with and overcome adversity. This volume addresses which variables within the child, the immediate family, and the extended community interact to offset negative effects of adversity, thereby increasing the probability of positive development rather than dysfunction. The author discusses what is known about how children meet challenges, recover from disappointments, solve problems, and use their strengths to persevere. The volume reviews numerous studies of children showing that resilience is an importance and powerful concept. Attending to preventative issues that create a resilient mindset and wellness will require a paradigm shift but offers promise to be a cornerstone for positive social science.

**From Child Sexual Abuse to Adult Sexual Risk: Trauma, Revictimization, and Intervention,** Edited by Linda J. Koenig, Lynda S. Doll, Ann O’Leary, and Willo Pequegnat, 2004, 346 pages, $49.95

Available from: American Psychological Association Order Department, P.O. Box 92984, Washington, DC 20002, (800) 374-2721 or (202) 336-5510, FAX: (202) 336-5502, TDD/TTY: (202) 336-6123, E-mail: order@apa.org


There is a growing recognition that child sexual abuse renders children vulnerable to many negative life outcomes in the years following the abuse. This volume reviews the link between child sexual abuse and adult outcomes and begins translating that knowledge into intervention.
The first goal of the volume is to synthesize the growing scientific literature about sequelae of child sexual abuse. Authors review research from a variety of disciplines, including epidemiology, traumatology, and prevention science. The relationship between child sexual abuse and a range of social, psychological, behavioral, and health outcomes is examined. Authors describe the cognitive, social, and behavioral processes that may mitigate outcomes. A section on interventions describes a variety of therapeutic interventions and issues.


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This exceptional resource integrates the research on trauma, childhood victimization, and addiction treatment. Part I sets the theoretical framework by reviewing the relationship between trauma and substance abuse. Part II describes the impact of childhood trauma on adult functioning. Part III details evidence-based strategies for intervention. Particularly useful are chapters on preparing and training staff to use the approaches described and ethnocultural considerations in treatment delivery. An appendix gives brief reviews of treatment models specifically designed to simultaneously address both trauma-related symptoms and substance abuse. A second appendix lists...
assessment instruments relevant for women with trauma histories. The third appendix
gives a brief introduction to good training practices. Addiction specialists and those who
serve dually-diagnosed women will find much to enhance their clinical treatment
approach.

RESOURCES FROM THE AMERICAN PSYCHOLOGICAL
ASSOCIATION

Children and Trauma: Tips for Mental Health Professionals

The APA Public Interest Directorate developed this resource. It is available
at http://apa.org

Children and Trauma: Update for Mental Health Professionals

There is scant research guidance for psychologists and others who seek to help
children recover from trauma. Children who experience traumatic events are at increased
risk for exposure to additional trauma. Minority children are at higher risk for exposure to
traumatic events. The update stresses the importance of culturally sensitive service
delivery and gathering a thorough trauma history. Families must be a part of the recovery
process, therefore, the mental health professional must develop trust and a working
relationship with both the child and the caretakers.

The update is available at: http://www.apa.org/pi/families/resources/children-trauma-
update.aspx
APA Public Interest Government Relations Office: Trauma and PTSD in Children and Adolescents

The APA recommends supporting federal policy initiatives which develop and refine practices for preventing and coping with trauma. They support the national Child Traumatic Stress Network, the Safe Start Initiative, the Child Abuse Prevention and Treatment Act, the Public Mental Health Emergency Preparedness Act, and the Centers for Disease Control and Prevention (CDC). Training initiatives such as the Minority Fellowship Program can assist in increasing cultural competence in service delivery.

APA also supports an increase in research involving diverse populations.

Find this resource at: http://www.apa.org/pi/families/resources/fact-sheet.pdf